

SAINT JOSEPH'S SHANKILL PRIMARY SCHOOLS PROGRAMME

We are inviting all our local primary schools to begin a conversation about supporting people living with dementia in our community. We hope this initiative will bring a better understanding so we can make our neighbourhood a welcoming and inclusive place to live for everyone.

Saint Joseph's Shankill is the only care home in Ireland solely dedicated to dementia care. Our vision is to lead the way in dementia care in Ireland through innovation, education and community engagement. We want to ensure families and communities are supported, engaged, and empowered to enable people living with dementia to enjoy the quality of life they deserve.



*Providing EXCELLENCE
in Dementia care*

55,000

*people in Ireland are living
with dementia in Ireland*

11 people are diagnosed with dementia every day in Ireland so the chances are everyone knows someone living with this illness and the effects it has on people and their families.

At Saint Joseph's Shankill, people live in one of our SIX lodges, where they are all at the same stage of dementia. Each lodge is different to the next but in every lodge people are loved and cherished and we are all a part of one big family.

We are privileged to care for them and we ensure they know they truly matter to us. We know we are providing EXCELLENCE in dementia care. We could not achieve this without the support of our community.

What is Dementia?

Dementia is the name for a range of conditions that cause damage to the brain and is most common in the elderly. This damage can affect memory, thinking, language and the ability to carry out everyday tasks. There are many conditions which cause dementia, Alzheimer's disease is the most common cause. Dementia is a progressive illness, but it is not a normal part of aging. Early symptoms may include;

- Memory loss, particularly for recent events
- Misplacing things regularly
- Losing track of time
- Problems with language, difficulty finding the right word
- Changes in personality, mood or behaviour
- Difficulty in following conversations
- Becoming confused in familiar surroundings or situations
- Difficulty managing money and everyday tasks
- Difficulty solving problems or doing puzzles
- Loss of interest in hobbies and pastimes
- Repeating a question or story several times

For other ways to get involved check out our supporting material on www.saintjosephsshankill.ie/schools



Our unique home like environment

11

*people are diagnosed
with dementia every
day in Ireland*



Saint Joseph's Shankill
Dedicated to Dementia Care

Supported by



explorium

CLASSROOM DISCUSSION

Think of how people living with dementia must FEEL

Think of ways you could HELP people living with dementia

LEARNING OUTCOMES

Increased awareness of personal feelings

Awareness of other people's feelings

Removes any fear or stigma linked with dementia

Primary Schools' Cherished Memories ART Competition



We invite all primary school children in our community to take part in our 'Cherished Memories Art Competition'.

It's easy to take part;

1. Memories are so personal to us all, think of your most cherished memory
2. Use the template page enclosed to draw this memory
3. Include a one line description of your memory
4. Students may use their choice of art materials
5. Include your name, age, class and school and memory description
6. Bundle together your class entries and insert in an A4 envelope labelled with your class name, teacher's name and school
7. Post or drop in your school's entries to "School's Programme", Saint Joseph's Shankill, Crinken Lane, Shankill Co. Dublin.

The closing date for entry is **Friday, 12th April**. Judging will take place before the end of April and winners will be invited to attend a prize giving event in Explorium in May.

There will be 5 categories awarding prizes to 1st 2nd and 3rd places. Also there will be an overall 'Best Class' with a prize of a class pass to Explorium for the lucky students.

Explorium, sparking curiosity with fun and learning for all.

Mark Langtry
Head of Science,
Explorium

Lidl Shankill, is delighted to support Saint Joseph's Shankill and the Primary Schools' Cherished Memories Art Competition.

Deirdre Ryan
Head of CSR, Lidl

Other ways to Support Our Care

We would be delighted if you want to support us in other ways too, here are some ideas;

- Have a Non Uniform Day or cake sale in aid of Saint Joseph's Shankill
- Take part in **Crinken 5km Walk** around Shankill in June 2019.
- Follow us on social media [facebook.com/saintjosephsshankill](https://www.facebook.com/saintjosephsshankill) and [@sjdementia](https://www.instagram.com/sjdementia)
- Visit Saint Joseph's Shankill and perform with your choir, orchestra, drama group
- Keep an eye out for people in our community that may need help...

**Would you like to
organise a fundraiser
to support our care?**

For more information
call Siobhan 01 282 3000
or email siobhan.grant@sjog.ie
www.saintjosephsshankill.ie